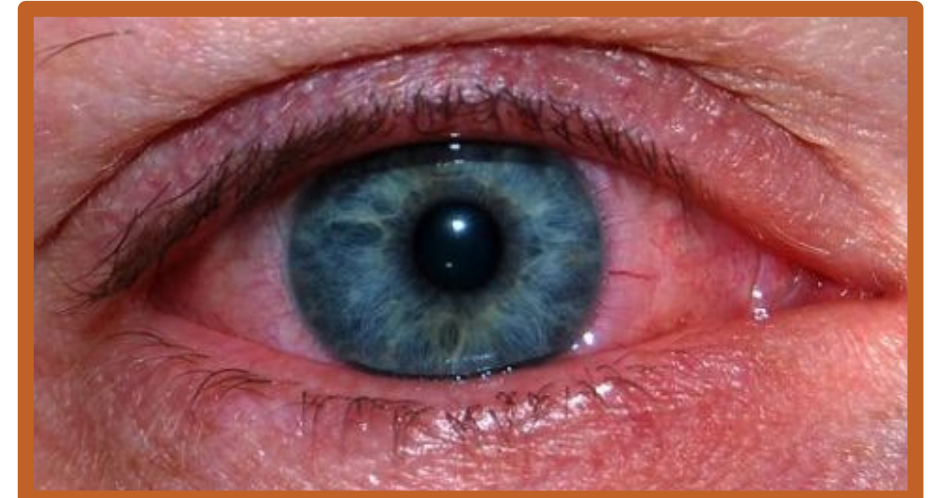
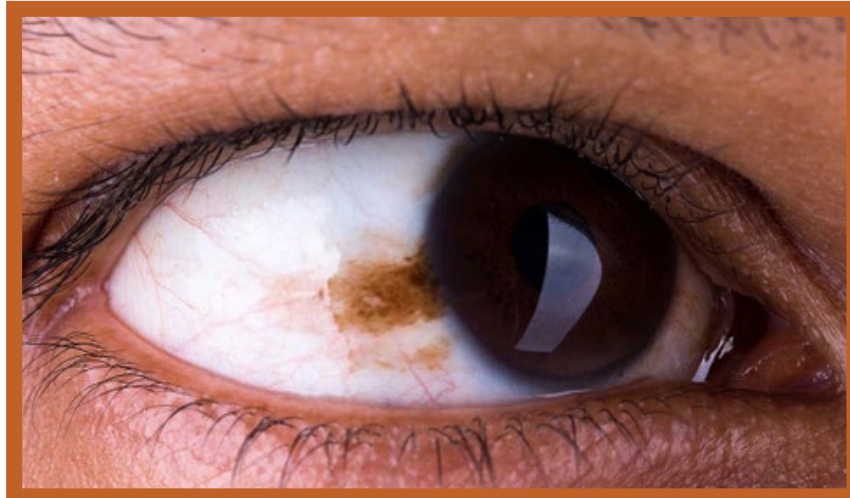
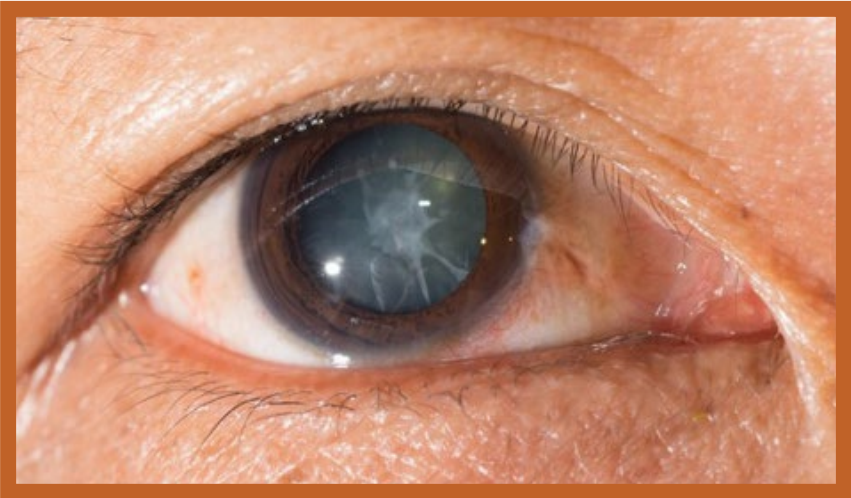


Eye Protection in Winter

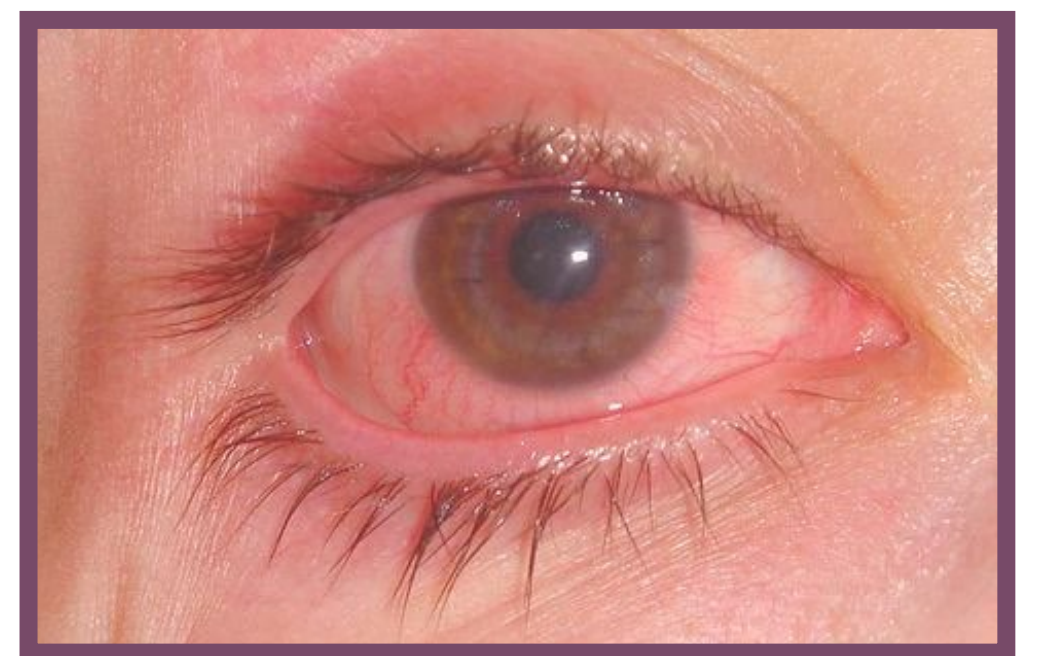
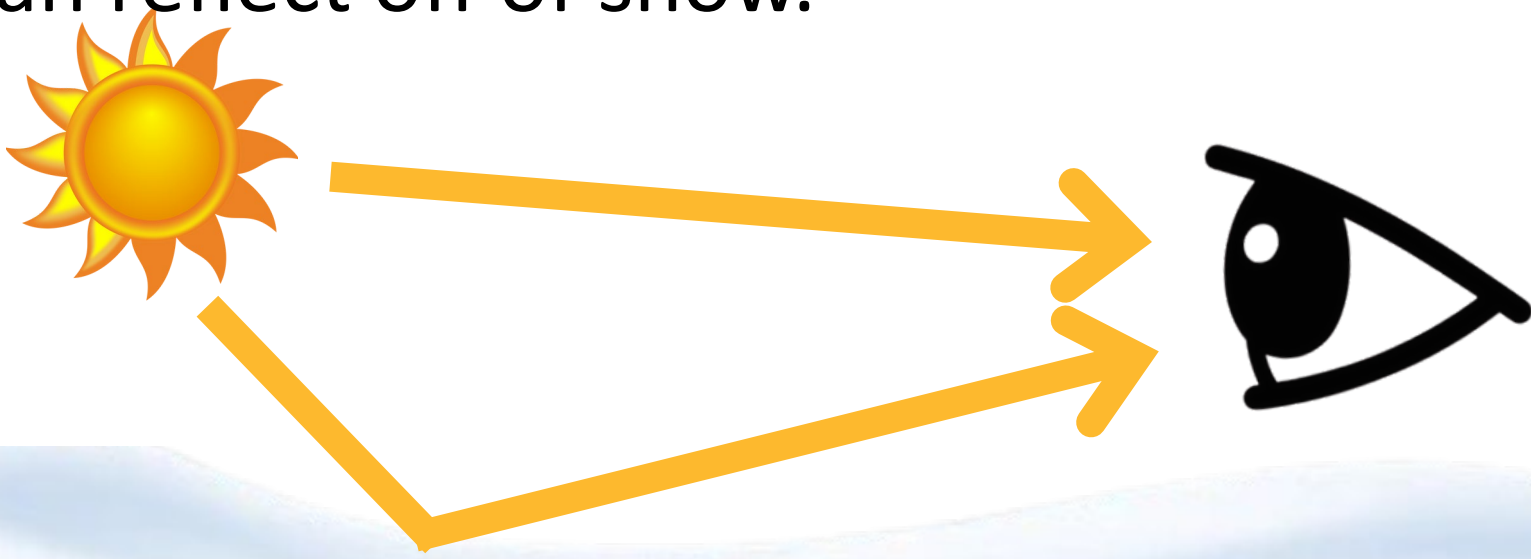
Supervisor
Crew
Talk

You probably wear eye protection, like sunglasses in the summer and spring, but do you think about it in the winter as well?

In any season, sun exposure can increase your risk for conditions like cataracts, growths on the eye (including cancer), and photokeratitis.



Snow Blindness happens when your eye is overexposed to UV rays. It's similar to having a sunburn, but on the cornea of your eye! Snow blindness is a term for photokeratitis, which can happen year-round, but is more common in the winter, as UV rays can reflect off of snow.



Other conditions, like cataracts, take time to develop, but snow blindness can happen quickly. You can reduce your chance of developing it (and all the conditions listed above) by simply wearing UV-protected sunglasses or goggles!



"Safety is a core value and business priority"

