

# Ship Ladder Safety

*Ship ladders are a hybrid between stairs and a ladder, and make vertical access more comfortable and safe.*

Have both hands free to grasp the handrails when using the ladder.

Tools or other items which prevent both hands from being free to grasp the handrails should not be carried up or down the ladder.

**Always face ship ladders when ascending or descending**

**Don't do this:**



worker can't maintain 3 points of contact

worker isn't facing the ladder.



*"Safety is a core value and business priority"*