

# Safety Reflection



*As you consider the past year and the incidents that occurred, both serious and minor, here are some questions to answer regarding your own safety habits:*

**Awareness:** Have you been informed of, and trained in how to avoid, the hazards that might be encountered in your job?

**Procedure:** Are you doing your job the way it is supposed to be done safely, or are you taking short-cuts, which can lead to serious accidents?

**Tools:** Do you use the correct ones for the tasks you must perform, or make do with whatever is available?

**Personal Protection:** Are your clothes and equipment appropriate for the job, do they fit properly, and are they still in working condition?

**Environment:** Are conditions such as light, noise, indoor air quality and weather a negative factor where you work?

**Behaviour:** Do you engage in horseplay and practical jokes, or tolerate others doing so, even though it might lead to someone getting hurt?

**Tidiness:** Is good housekeeping (cleaning up spills, putting tools away, removing clutter etc.) part of your routine?

**Emergencies:** Are you aware of your organization's response procedures, exit locations and how to use a fire extinguisher?

**First Aid:** If you or someone else gets hurt, do you know where the first aid kit is, and how to summon medical help if needed?

**Reporting:** Would you ever hesitate to report accidents, near misses, defective equipment or unsafe conditions?

***Participation by everyone is required to maintain a safe, productive working environment. Reviewing what went wrong, what could go wrong, and what can be improved is an essential part of the process.***

*“Safety is a core value and business priority”*



**West Fraser**