

Ladder Safety



Though helpful and convenient, ladders are a serious safety concern.

Using a ladder correctly and safely can prevent serious injury or death. This includes choosing the right ladder, positioning it correctly, and assessing hazards.



Ladder safety tips

- Select the right ladder for the job, and ensure that it's long enough to extend one meter above the upper landing
- Extension ladders must be tied off to prevent tipping.
- Place the ladder on a firm, level surface and inspect it before each use.
- Don't work from the top two rungs of the ladder, or have more than one worker on the ladder at once.
- Don't carry objects up or down the ladder than interfere with your ability to maintain three points of contact.
- Make sure that step ladders are fully opened, with their spreader bar locked.
- Check the area for power lines and ensure a minimum distance of three meters can be maintained at all times before starting work.
- Maintain three points of contact when climbing the ladder.

"Safety is a core value and business priority"



West Fraser