

Slip, Trip & Fall Hazards

Did You Know?

If you get injured on the job, there's a good chance it will be the result of a fall after slipping or tripping. These incidents account for about one-fifth of all workplace injuries, causing bruises, cuts, muscle strains and sprains, broken bones concussions and even death.

Good housekeeping is the most important means of preventing falls due to slips and trips.

At West Fraser, we work in High Risk environments and we always need to stay focused on our task at hand and work place stations



The Risk

Think Safety First!

The first step toward avoiding these is to make sure you eliminate all possible hazards.

SEE SOMETHING, SAY SOMETHING!

How to Prevent:

- ✓ Change or modify working surfaces to reduce the risk of falling.
- ✓ Ensure workers have properly fitting footwear.
- ✓ Walk, Don't run.
- ✓ Walk where you are supposed to walk. Short cuts through machine areas invite accidents.
- ✓ Clean your footwear- Snowy & rainy weather requires a door mat at each entrance to allow for complete wiping of footwear.
- ✓ Hold on to handrails when using stairs or ramps.
- ✓ Report any missing, slippery or damaged flooring/ stairs.
- ✓ Learn and practice ladder safety and the proper use of scaffolding. Use fall arrest or other appropriate PPE when needed.
- ✓ Don't jump on or off platforms, mobile equipment or loading decks, stay away from edges.
- ✓ Ensure lighting is adequate. Avoid wearing sunglasses in low-light areas.

