## WINTER ICE



Did you know that every year on average, 7200 Canadians are hospitalized from a slip on winter ice?

## STOP WINTER FALLS WALK LIKE A PENGUIN

- Knees Relaxed
- Toes Pointing Out
- Short Steps
- Slow And Deliberate
- ·Hands Free

Make it a good practice to ensure doorways are clear of snow and ice!

