

SRL – SELF RETRACTING LIFELINES

Did You Know:

Self Retracting Lanyards can create a ‘memory’, if they have been stored in an extended position. The SRL may not start to ‘arrest’ until they have reached the distance they were stored at, possibly too late to protect the worker.



Store fully retracted!



Important Tips You Should Remember About SRLs :

- ☐ Always store fully retracted (use a tag line if necessary)
- ☐ Inspect your SRL before every use:
 - Ensure that they can retract fully
 - Locking mechanism engages (pull sharply to engage – it should not slip when locked)
 - Check for any damage or wear (fall arrest indicator warning deployed (if applicable), free of cracks, sharp edges, deformation or corrosion)
 - Carabiners able to close & hook
 - **NEVER** hook the snap hook to anything but a D ring or compatible anchor point
 - Labels are legible
- ☐ Type 2 SRLs require annual recertification (two years after initial purchase, then annually thereafter)
 - If an SRL has been engaged to arrest a fall – recertification is required, regardless of date.

