

ROLLING LADDER SAFETY!



**Don't Forget
To Lock It!**

- Do not attempt to gain additional height by standing on boxes or buckets on top of rolling ladder
- Use the step break/lock if equipped
- Never tamper or modify ladder (remove handrails)
- Be aware of your surroundings before setting up rolling ladder (e.g.- tools, vehicles, doors)
- Never stand with one foot on ladder and the other on a object such as shelving or pipes

- Do not move an occupied ladder
- Do not stand on the handrails
- Do not over reach- over reaching could cause the ladder to tip over
- Climb rolling ladder using 3-point contact- do not carry loads that are too bulky or heavy
- Rolling ladders should be climbed facing the ladder- Not facing outwards
- Inspect rolling ladders before using them and if they are stored outside make sure they are protected by all weather conditions
- Rolling ladders that have missing rubber "feet" should have them replaced and if they are damaged or "sprung" make sure they are removed from service for repairs



West Fraser Mills Ltd.

Supervisor
Crew
Talk