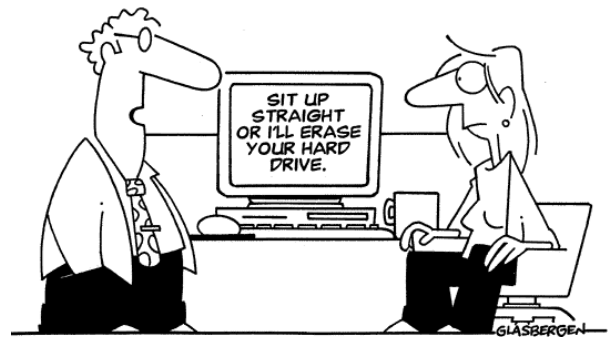


Proactive Ergonomics....

is the science and practice of designing jobs and workplaces to match the capabilities and limitations of the human body.

Ergonomics means “fitting the job to the worker or workers”

© 2000 Randy Glasbergen. www.glasbergen.com



"It's called Ergonomics."

- Ergonomics helps to prevent injuries
- Ergonomics has other benefits
 - Improved quality of work, Improved quality of life
 - Reduced fatigue and discomfort



#52338055

Prepare
ahead of
time - be
proactive

Supervisor
Crew
Talk

"Safety is a Core Value and Business Priority"



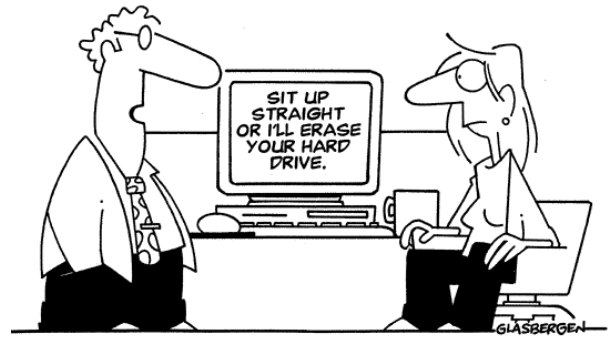
West Fraser

Proactive Ergonomics....

is the science and practice of designing jobs and workplaces to match the capabilities and limitations of the human body.

Ergonomics means “fitting the job to the worker or workers”

© 2000 Randy Glasbergen. www.glasbergen.com



"It's called Ergonomics."

- Ergonomics helps to prevent injuries
- Ergonomics has other benefits
 - Improved quality of work, Improved quality of life
 - Reduced fatigue and discomfort



#52338055

Prepare
ahead of
time - be
proactive



West Fraser Mills Ltd.

Supervisor
Crew
Talk