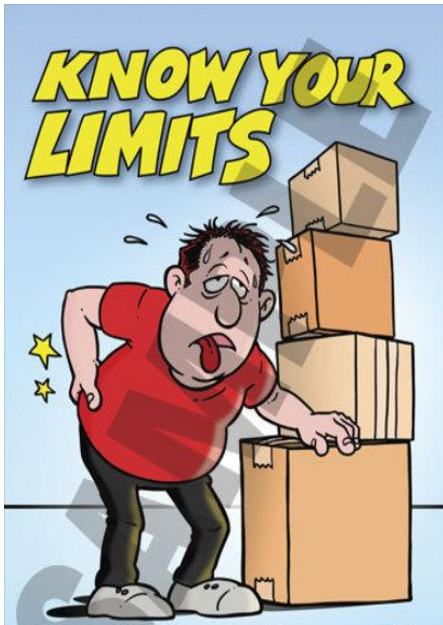


# Manual Material Handling at Work

## Plan LITE Handling

**L**oad– The type, material, structure and weight of the load must always be identified before handling.

**I**ndividual – capacity of the individual/individuals handling the load must always be taken into consideration.



**T**ask – Different task will require different approach. Make sure task is done safely, properly and efficiently

**E**nvironment – Inspection and assessment of the condition of the surrounding must always be done before the task commence

*For more information, you can find the full Supervisor Safety Observation policy (22) on Treeline.*

Supervisor  
Crew  
Talk

*"Safety is a Core Value and Business Priority"*



West Fraser