

LADDER TYPES & SAFE USE



Did you know ladders are intended for short duration work (<15 minutes) and not for work platforms . . .

Key points for safe use:

- Barricade area if potential contact with pedestrians/mobile equipment
- Ensure ladder feet surface is stable
- 4 to 1 vertical to horizontal ratio
- Full extension of spreader bars (step type)
- Extension part overlaps top support by 3' (extension type) & is secured
- Castors lock or retract to prevent movement (rolling staircase type)
- Load rating will support worker and tools
- 3-point contact at all times

*Taking shortcuts
will hurt you!*



West Fraser Mills Ltd.

