

Ladder Inspections

Keep You and Your Co-Workers Safe!

Ladders should be inspected before each use to verify:

- Joints between the steps and side rails are tight;
- Hardware and fittings are securely attached;
- Safety feet are securely attached;
- Rungs are free of defects;
- Rungs/cleats are free of oil/grease;
- Metal parts are free of corrosion
- Ropes are not frayed/worn
- The fiberglass is not cracked
- There are no bends
- There are no loose, broken, or missing extension locks
- Ensure locks seat properly when ladder is extended



Safe Work Practices

- ❖ Do a hazard assessment for your task.
- ❖ Use the right type of ladder with a proper CSA / OSHA grade for the job being done. (never use a step ladder in the folded position)
- ❖ Ensure ladders are equipped with anti-skid feet when used on smooth surfaces.
- ❖ Follow manufacturers' instructions at all times.
- ❖ Tag out any ladder not safe to use and notify your supervisor to have the ladder repaired or replaced
 - ❖ Never use a portable metal ladder where there is a danger of contacting an energized electrical source.
- ❖ Use the 4:1 ratio - for every 4 feet of ladder height, the base should be placed 1 foot from the vertical.



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