

# Fitness For Work

**West Fraser recognizes that alcohol and drug addiction is an illness.**

**West Fraser encourages employees to voluntarily seek help while discouraging all employees from 'covering up' or enabling the illness to continue to themselves or their co-workers.**

**If you or someone you know at work is needing assistance, please contact your West Fraser Employee Family Assistance Provider.**

**You can receive this contact information confidentially through our West Fraser Medical Office at 250-992-0822**

**For More Information**

**SEE WEST FRASER DRUG & ALCOHOL POLICY**



**West Fraser Mills Ltd.**

Supervisor  
Crew  
Talk