Fall Arrest Distance Length of Length of Deployed Height of Safetv +++Lanyard Worker Energy Factor Absorber **Fall Clearance Distance** BEFORE AFTER FALL FALL **ANCHOR POINT** 6 ft. LENGTH OF LANYARD 3¹/2ft. TOTAL: DECELERATION **18 ¹/**2 ft. DISTANCE FROM ANCHOR 6 ft. POINT HEIGHT **OF WORKER** SRL class A 3 ft. - 2' travel SAFETY FACTOR - 1,350 lbs

Use an SRL (class A) anchored directly overhead to reduce fall deceleration distance



West Fraser Mills Ltd.

