

HAND INJURY REDUCTION

WHETHER YOU'RE A **PRODUCTION WORKER, AN EQUIPMENT OPERATOR, A MAINTENANCE WORKER OR AN OFFICE EMPLOYEE**, YOUR HANDS ARE ONE OF YOUR MOST IMPORTANT "INSTRUMENTS"

YET, EVERY YEAR PEOPLE SUFFER SERIOUS HAND INJURIES. THIS CAN BE PREVENTED BY:

- **RECOGNIZING HAND HAZARDS**
- **FOLLOWING ESTABLISHED SAFETY PROCEDURES**
- **USING PROTECTIVE GUARDS, SHIELDS, GLOVES AND OTHER PERSONAL PROTECTIVE DEVICES AS NEEDED**

YOU CAN TAKE ACTIONS TO SAVE YOUR HANDS FROM UNNECESSARY INJURY



BC Forest Safety

Safety is good business



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PINCH POINTS ARE TRAPS FOR THE HAND.

PAYING ATTENTION AND BEING AWARE OF THEIR EXISTENCE IS THE FIRST STEP TO HELPING AVOID PINCH POINTS AND LINE OF FIRE INCIDENTS.

RECOGNIZING HAND HAZARDS

- Use of unprotected or faulty machinery or equipment
- Failure to use push sticks, guards, kill-switches or following appropriate lockout procedures
- Wearing jewelry, gloves, or loose fitting clothing around moving parts
- Chemicals, corrosives, and other irritating substances can cause burns and skin inflammation unless appropriate hand protection is used
- Rough surfaces which can scrape the skin
- Temperature extremes and electrical hazards are other common causes of hand injuries
- Reaching into pinch points

HAND PROTECTION BEST PRACTICE

- Identify potential hand hazards before work begins
- Be alert to possible unguarded pinch points
- Always use push-sticks, guards, shields, etc. when appropriate. Don't remove guards!
- Use brushes to wipe away debris
- Inspect equipment/machinery before and after tasks to make sure they are in good operating condition
- Disconnect power and follow lock-out procedures before repairing/cleaning machinery
- Always use properly fitting personal protective equipment (gloves, guards, forearm cuffs, barrier creams) appropriate for the specific task you are performing

