

7 COMMON ACCIDENT CAUSES

Being Over Confident: "It'll never happen to me" is an attitude that can lead to improper procedures, tools, or methods in your work. Any of these can lead to an injury.



Starting a Task with Incomplete Instructions: To do the job safely and right you need complete information. **ALWAYS** ask for explanations about work procedures and safety precautions.

Taking Shortcuts: Short cuts that reduce your safety on the job are not shortcuts, but an **increased chance for injury.**



Poor Housekeeping: When anyone walks through your work site, housekeeping is an accurate indicator of everyone's attitude about quality, production and safety. **Poor housekeeping creates all types of hazards.**



Ignoring Safety Procedures: Purposely failing to observe safety procedures can endanger you and your co-workers. **Being "casual" about safety can lead to a casualty!**



Mental Distractions from Work:

Having a bad day at home and worrying about it at work is a hazardous combination. Dropping your 'mental' guard can pull your focus away from safe work procedures. You can also be distracted when you're busy working and a friend comes by to talk while you are trying to work. **Don't become a statistic because you took your eyes off the task "just for a minute."**

Failure to Pre-Plan the Work:

There is a lot of talk today about PJPs & FLHA. Hazard Assessments are an effective way to figure out the smartest ways to work safely and effectively. Being hasty in starting a task, or not thinking through the process can put you in harms way. Instead,

Plan Your Work and then Work Your Plan!



West Fraser Mills Ltd.